

## A Message to Children

As a child, do the problems of the world worry you? Would you like to change it? Does it bother you that there's poverty in the third world or that people kill so many animals? There's a YouTube video called *The Girl Who Silenced The World* you should see, because you too have great power in your hands, you can do anything you want to in your life.

But if you couldn't care less about such things, then don't read on, because this isn't for you.

When I was a child it bothered me that such problems exist in the world and so I've spent a large part of my life trying to make things better, but now I see that it's almost impossible to make adults understand anything. All that matters to them is football, beer and going out. They just think about money and looking after number one.

I realize that the world has made them like that -- they're addled, the TV is full of crap and has made them idiots. They spend the day glued to the TV, where everything is stupid, and so they become like that. I've finally realized that older people have become completely unable to change anything, that it doesn't even usually bother them.

The only hope left in the world is the children, because it's children who really know the difference between what's good and what's bad, and it's children who haven't already been made into idiots and egotists, which happens to everyone when they become an adult.

So today you have to decide whether to follow that path like everyone else, or to continue to be yourself and decide things for yourself. Not to do just what those around you do or say, but to know how to listen to yourself.

To make it easier I'll give you some tips:

**First of all** and most important, **stop watching the TV**. That may sound daft, but really the TV makes everyone stupid. They start behaving the same way as on TV, and with the idiocy that goes out all the time... all the hours there are.

**The second thing is that** you have to realize that **the most important part of your body is your brain**. It's what makes us different from the apes. It's incredible that people don't care about their brain and only want to destroy it with drugs or alcohol. And the worst thing is, it seems that nowadays the more stupid something is, the more "cool" it is.

The brain is what we have to look after most in our life, the part which is going to be most useful and help us most. It's our wits which have brought us this far and the intelligence we have when we know things, but things that really interest us, not something we are told to read and which doesn't seem important or interesting.

It's not surprising that later nobody likes to read, but the world is full of interesting things that we can find out. I'm not going to say what they are, that's something only you know and will discover. Look for things that interest you on the internet, whatever it is, the web is full of fascinating stuff.

Body language, for example, is something interesting to understand and will be useful to know. On the other hand there are really boring things like typing, but they are also going to be useful in life.

**The third thing is to learn to think for yourself**. They don't teach you that in school. They never tell you what to do if you have some problem, they just tell you to memorize something and it doesn't matter to them if you understand or not. This isn't going to serve you very well in life, you need to know how to think for yourself and find answers to things.

The same happens with TV, it says things, but of course you can't disagree since it can't hear you. So the TV makes you get used to not thinking at all. **You have to decide for yourself** if you like something or not, if something seems well done or not. **Suggest something better if it occurs to you**. We are too used to obey and not to think. Sure, most people don't like to be told something opposite, but that doesn't matter, because in the end we have shown that we are more intelligent.

**The fourth thing is** something that this world has very little of and that, even so, is being destroyed: **empathy**. To be empathic is to know what those around us are worth, people, animals and everything. It's knowing how to put yourself in the other person's skin. It's wanting to help when necessary -- but always carefully, OK, as some people do exploit such good people later. Nevertheless, to be good isn't bad, good people are worth the most. It's what they call "having principles" and it's as easy as realizing that **we are all one family on one planet**.

You have the choice to **not** be just another sheep in the herd. It all depends on you and how you focus your life from now on. When you stop doing the same as everyone else is when you start to have "character". You become more intelligent, more savvy, you aren't deceived so easily. It also means that it doesn't matter if people think badly of you or laugh at you, because you know that what you are doing is good. That's when you have principles.

Adults are weak and too busy with their lives to think about the world. It's time to show them that you are more intelligent than them, and that the world is important to you, and that you want to make it better and not wreck it, as they're doing.

**Nobody can stop the voice of a child.**

**Children are the only hope for the world.**

**Children are the people who will build tomorrow.**

*If you want to pass this message on, you can photocopy it or email it to your friends.*